

**Utah FCCLA Region 3 Conference**  
**February 1<sup>st</sup> 2023**  
**Lone Peak High School**

<p><b>Schedule for STAR Event Competitors</b></p>	<p style="text-align: center;"><b>Registration: 1:00-1:45</b>  <b>Opening Session: 1:45-2:00</b>  <b>STAR Events: 2:00-5:00</b>  <b>Food Options: 2:00-5:00</b>  <b>Closing Session, Recognition 5:00-6:30</b></p>
<p><b>Schedule for Judges and Room Consultants</b></p>	<p style="text-align: center;">Check in with light lunch: 12:30  Judges Meeting with their room consultants: 1:00-1:30  Judges Prep time: 1:30-2:00  Judging STAR Events: 2:00-5:00  Visit Food Station- Break: 2:00-5:00</p>
<p><b>Culinary Arts &amp; Baking and Pastry Competitions</b></p>	<ul style="list-style-type: none"> <li>• Read through the email send my Lindsay Maxfield on December 1<sup>st</sup>. This email has all the information for competition. If you did not receive the email please reach out to Lindsay or email: <a href="mailto:candacewilson@alpinedistrict.org">candacewilson@alpinedistrict.org</a>.</li> <li>• Each chapter is allowed two individual competitors for Culinary Arts, and one competitor for Baking and Pastry.</li> <li>• <b>Both competitions will be held the same day as the Region 3 Conference. Culinary Arts at Lone Peak and Baking and Pastry at Skyridge.</b></li> <li>• There will be a bus from Lone Peak to Skyridge and back for those competing in Baking and Pastry. Information will be given to those competitors.</li> <li>• Testing for each participant will take place a week prior. Information will be given to the advisers of those competitors.</li> <li>• <b>The top 3 scores in culinary will advance to state and the top 2 scores in baking and pastry will advance to state.</b></li> <li>• In case that not all regions statewide have enough participants to advance, the top test scores across the state will be used to select an alternative to fill the spot to compete at state.</li> <li>• If you anticipate having competitors in either Baking &amp; Pastry or Culinary Arts, please email: <a href="mailto:candacewilson@alpinedistrict.org">candacewilson@alpinedistrict.org</a> so that we can have an estimate count of participates (this does not replace online registration, however it is beneficial for planning).</li> </ul>

<p><b>How to Register</b></p>	<ul style="list-style-type: none"> <li>• Region Conference registration is done through the DLG Registration System.</li> <li>• This is the same registration system used for all Utah FCCLA conferences.</li> <li>• Please contact me with all registration questions.</li> <li>• Please fill out registration completely, and remember to list those competing as a team together, all under the same team number.</li> <li>• If a student is competing individually, they are still registered as a “team” but they are the only member of that team.</li> <li>• Here is the registration website:  <a href="https://www.registermychapter.com/fccla/ut-r3/Main.asp">https://www.registermychapter.com/fccla/ut-r3/Main.asp</a> </li> </ul>
<p><b>Cost and Payment</b></p>	<ul style="list-style-type: none"> <li>• Registration is \$20 per person, submitted and postmarked by Friday January 20<sup>th</sup> at midnight.</li> <li>• If you pay with credit card, there is a 4% fee added to your registration.</li> <li>• If you pay by check, please make the check out to Utah FCCLA.</li> <li>• Registration received Jan. 20<sup>th</sup>-Jan 25<sup>th</sup> will be \$30 per person.</li> <li>• Each chapter should submit only one payment.</li> <li>• Please mail all checks to:  Westlake High School  c/o Candace Wilson/Utah FCCLA Region 3  99 N 200 W  Saratoga Springs, UT 84045 </li> </ul>
<p><b>Deadlines</b></p>	<ul style="list-style-type: none"> <li>• There is only one registration for this conference, which includes culinary, baking and all other region STAR Events.</li> <li>• Registration opens on January 9<sup>th</sup> and closes Friday January 20<sup>th</sup> at midnight.</li> <li>• Late registration is from Saturday January 21<sup>st</sup> to Wednesday January 25<sup>th</sup> with a \$10 late charge per person.</li> <li>• Advisers cannot make any changes to registration after January 25<sup>th</sup>.</li> <li>• No additional students will be allowed to attend if they are not registered by the late registration deadline-January 25<sup>th</sup> at Midnight.</li> </ul>
<p><b>Competition Levels</b></p>	<ul style="list-style-type: none"> <li>• Please make sure you double check the correct competition level. Students should compete on the same level they are affiliated with at Nationals.</li> <li>• <b>Levels:</b> -Level 1: 6-8<sup>th</sup> grades, -Level 2: 9-10<sup>th</sup> grades  -Level 3: 11-12<sup>th</sup> grades</li> <li>• Teams with members from different levels must compete in the higher level.</li> <li>• Some events require participants to be affiliated as a level 3 member. To be level 3, students must have taken (or currently in) one or more of the following classes:  Culinary 2, 3 or ProStart, ECE 1, 2, 3, Textile Design, Entrepreneurship, Interior Design 2, Advanced Interior Design CE.  *Once a student is designated as level 3, they remain level 3 throughout high school.</li> </ul>

<b>Dress Code</b>	<ul style="list-style-type: none"> <li>• Students need to follow the FCCLA dress code for the conference. Students will be evaluated on the following dress code: -Top: Red, Black, or Khaki button up or polo -Bottom: Black skirt or dress pants -Black Sheath dress -No jeans, leggings, tennis shoes, flip flops etc.</li> <li>• Advisers dress code is business casual.</li> <li>• Students are welcome to wear the FCCLA red official blazers if they choose but are not required at region.</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• There will be sandwiches, chips, fruit, drinks and an ice cream station during the 2:00-5:00 time frame.</li> <li>• Students can visit the food station when they have time between the STAR Events and Service Project.</li> <li>• Students are encouraged to mingle and network with other chapters at this time.</li> <li>• Please do your part to clean up after yourselves and to be respectful of the amount taken.</li> <li>• The food will be located in the lunch room.</li> </ul>
<b>Forms</b>	<ul style="list-style-type: none"> <li>• Each student must sign and return the FCCLA Code of Conduct form as well as permission forms from your district that are required giving permission to attend the conference etc.</li> <li>• Please follow your district’s travel policy for liability issues and have all forms completed before leaving your school.</li> </ul>
<b>Adviser Assignments</b>	<ul style="list-style-type: none"> <li>• Every school should sign up for at least one thing to help run the conference. This could be delegating something that day, being a room consultant and recruiting judges for the assigned event.</li> <li>• <b>Advisers please check your email for the list of room consultants sent out on Jan. 1<sup>st</sup>. If you did not receive that email than you may not be on the region 3 group email list. Please email: <a href="mailto:candacewilson@alpinedistrict.org">candacewilson@alpinedistrict.org</a> and I will add you to the list and get you the information.</b></li> <li>• Room consultants will be receiving an email about a quick zoom meeting and how to submit judges names etc.</li> <li>• I will notify all room consultants of numbers as soon as registration is closed to get a more accurate count of how many judges are needed, but for now plan on at least 3 judges per event.</li> </ul>
<b>State Conference</b>	<ul style="list-style-type: none"> <li>• Students do not advance to state unless they have scored 50 points or higher at region.</li> <li>• Please follow the STAR Events manual carefully and completely. The STAR Events guidelines are available in the FCCLA Portal.</li> <li>• State Conference will be held on March 21-22, 2023 at the Davis Convention Center in Layton, Utah.</li> </ul>
<b>Need Help?</b>	Contact Region 3 Adviser: Candace Wilson 801 400-4791

