



The Ultimate  
Leadership  
Experience

# WELCOME BACK!

## August Newsletter

# Pack Up For 2012-2013

Utah FCCLA is an organization that focuses not only on the yet to come, but also the preparation it takes to get to the future. We realize that in order to have a successful tomorrow we must have a preparatory today. That is why the 2012-2013 FCCLA has been announced "Pack Up! Climb To Your Future"

"This year's theme is all about how FCCLA is going to make an impact on our lives once we step outside of highschool." states Jade Powell, Carbon Chapter President.

This theme is about more than an organization that provides students with something to do. It focuses on the tools that FCCLA provides each of its members if they are willing to put forth the effort to "pack up" and make the skills they learn life long lessons and habits.

Along with "packing up" Utah

FCCLA has asked that each member complete five goals along the way to their future.

"Buddy Up", the buddy system isn't just for outdoor adventures, it's included in the adventure of highschool too. Utah FCCLA asks that every member recruits at least one friend to join FCCLA. The biggest difference is made when the members are friends. Everyone stays safe and is looked out for, even the new comers.

"Feed the Need." Just like your body needs nutrition on a hiking trip, your chapter needs National Programs. Utah FCCLA is asking that each Chapter completes at least one national program. Just like on a hike, taking a break for nourishment will pay off in the long run.

"Slow Down, Observe," just like a hike, if we hurry so fast to our destination that we don't observe

anything, what's the point of hiking in the first place? Getting there should be half the fun. That's why Utah FCCLA asks that each Chapter slows down enough to do a beneficial service project as it's third goal.

"Tread the Path," meaning they complete all componets of Power of One or Dynamic Leadership. If each member leads the way through these programs on their own path, FCCLA will become a more benefical organization on a personal level.

Any safe hiker knows to climb anywhere, you must have a general idea of the area. Therefore we ask that each member takes the time to "Study the Map," or learn 3 new things about FCCLA. An informed hiker is a effcent hiker.

So get packing and climbing with FCCLA.

## Pack In The Members

The key to recruitment is excitement. Students are busy, and to get them to join you need to convince them that FCCLA is worth their time. They are bombarded with clubs, sports and organiza-

tions that want them. FCCLA needs to not only stand out, but also stand above in their eyes. Students need to be the ones promoting, not just advisors. So get up, get out and speak out for FCCLA.

Educate  
Excite  
Prepare

September 26-27

**FALL**  
**LEADERSHIP**



## Go Orange

for no kid hungry

### Essay Contest

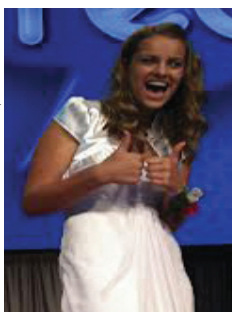
Orange is not just the color of Team No Kid Hungry; it's actually the color of hunger awareness. On September 6th-9th join Team No Kid Hungry, young celebrities like Amanda Stenberg, Sierra McCormick and Jennifer Stone, corporate partners, non-profit partners, and individuals in Go Orange for No Kid Hungry.

Go Orange for No Kid Hungry is a national effort to raise awareness about the 1 in 5 kids who face hunger every day. We are asking our young supporters to get involved by asking their friends, family and classmates to rock the color orange and to help spread the word by posting photos of their group on Facebook. In addition kids under the age of 21 are invited to participate in the Go Orange for No Kid Hungry essay contest. Participants can win \$500 just by answering one simple question: Why is ending childhood hunger in America important to you? To learn more about the event visit: [www.nokidhungry2.org/goorange](http://www.nokidhungry2.org/goorange).



# Utah Celebrates Our National Officer

At every FCCLA National Leadership Conference, candidates for national office go through an extensive process to become a National Officer. These ten selected FCCLA members from across the country are responsible for planning and carrying out FCCLA's national meetings, including Clusters and Nationals. They are also in charge of leading specific areas of the organization,



including public relations, membership, finance, and community service. Much like separate chapter or state officer positions, these officers will now run programs for all of FCCLA—over 200,000 students! This year, Ashley Labrum from Pleasant Grove High was selected to be the National Officer Candidate

for the state of Utah.

Utah was very proud when Ashley Labrum was indeed elected on the National Officer team. Ashley is the 2012-13 National Vice President of Programs, and is responsible for the promotion of FCCLA's National Programs, scholarships, and such events. Best of luck to Ashley Labrum!

**By Eric Wilcox**  
*Utah FCCLA President*

## Salem Hills Makes An Impact

This summer Elk Ridge launched a new resident recycling option, an arrangement that has been discussed by city council members for more than a year. Interest in a recycling program was sparked after two teenage girls from Salem Hills High School delivered a presentation at a city council meeting on the positive impact recycling has on the both the environment and management of city waste.

"They presented us with research and a recycling program they had developed themselves," said Jan Davis, a member of the Elk Ridge City Council. "Since then, it's been a topic we've been negotiating. The process to implement a recycling system has taken quite some time, and although ultimately we didn't use the girls' proposed program, they were the catalysts that got the ball rolling."

It was through a Family, Career and Community Leaders of America community project that 17-year-olds Morgan Sessions and Sarah Maddock became concerned about the lack of

recycling options in their city. Inspired to use their newfound research to implement change, the girls attended an Elk Ridge City Council meeting with the hope that the local platform would raise awareness and give



their ideas a public voice. "With all the research we did, we learned a lot about what a difference recycling can make," Maddock said. "We felt confident when we attended the meeting that we knew what we were talking about."

Just more than a year after the girls' presentation to city officials, the Elk Ridge council ap-

proved a recycling contract that allows residents an opt-in/opt-out recycling option. Pickups are every other week, and the price is \$5 a month.

"It ends up being cheaper for people like me, who used two garbage cans previously, which are \$10 each a month. With the amount of waste I can recycle, I was able to get rid of one of my garbage cans and replace it with the recycling bin, saving me \$5 a month," Davis said.

City council members believe the program has been successful, with about 60 percent of Elk Ridge residents participating. And the numbers are predicted to grow. "I am thrilled that our presentation played a role in the program's utilization," Sessions said.

"Through all the work we did for the FCCLA event, I realized how much of an impact recycling can make, how much of an impact just one family can make, and therefore, how much impact an entire city can make. I'm really happy Elk Ridge has applied this new program."

**By Amanda Flaker**  
*Daily Herald Correspondant*

# First Hand Account of NLC

Family, Career and Community Leaders of America (FCCLA), is a dynamic national student organization that helps young men and women become leaders and address important personal, family, work, and societal issues through Family and Consumer Sciences education.

FCCLA is unique among youth organizations because its programs are planned and run by members. It is the only student organization with the family as its central focus.

About a year ago, my sister Mickell and I began a service project for FCCLA. My brother Eric serves on the flight crew of a C-17 in the United States Air Force, and one of the things he does is transport injured soldiers to a hospital in Germany. We were doing some research about it and found out there is a charity group for the hospital called the Landstuhl Hospital Care Project, and they have a group called "Stitches of Love."

They were in need of comfort pillows for the wounded military men and women, so we decided to make 50 pillows to send. We knew we were going to need help with getting fabric and stuffing for the pillows, so we advertised around town and on social networks online. We were amazed at the response, as we received several bags of fabric and stuffing for the pillows, and cash donations to help with shipping costs.

We noticed earlier the group was also asking for Christmas stockings as well as the pillows. We discovered a bag of

Christmas fabric, and decided to make Christmas stockings along with the pillows. Over the next five months, we completed and sent 30 Christmas stockings to a field hospital in Afghanistan, and made and sent 50 pillows to Germany to the military hospital. It felt good to give something back to the brave men and women of our military who sacrifice so much for us.

For our FCCLA Star Event, we completed a scrapbook of our project and prepared an oral presentation.



This year's annual national meeting was "#realitycheck" with over 6,800 members in attendance. It was an amazing week. We decided to make the very most of our experience, and attended all the meetings, exhibits and workshops, as well as competing in our Star Event. One workshop was on being a difference maker, and another was on learning how to live, laugh and be a leader.

During the opening and closing general sessions, there was so much positive energy in a room filled with nearly 7,000 FCCLA members and advisors. We had the opportunity to hear from John White, the U.S. Department of Education's deputy assistant secretary for rural outreach. He said FCCLA is

modeling how to close the skills gap with well-rounded education.

We also heard a very dynamic address from John Hope Bryant, Founder and CEO of Operation HOPE. He said he had come prepared to teach us, but we had actually taught him. He emotionally state that he has hope for the future of our country because of the caliber of young people he saw involved with FCCLA. He was powerful in encouraging us as young leaders to return to our schools

and communities and help encourage others to make a difference.

FCCLA is very service oriented. It was amazing to see all the service projects done by chapters all over the country.

We had the opportunity to meet other FCCLA members from all over the country, and enjoyed some fun days at Disney World and Universal Studios. Harry Potter Land was definitely my favorite! It was awesome! On the closing night, we had a great time at the gala. There were bands, dance clubs, food, and I had the opportunity to make my Florida experience complete by holding a real live gator!

The last morning of our week was the recognition session. It was exciting as we heard them announce: Valley High School from Utah – gold! It was a great feeling to walk across the stage and receive gold medals for Valley High School and Utah!

**By Jodi Hoyt**

*Valley High School*

## Fall Leadership

Fall Leadership will be held September 26-27, 2012 at the Provo Marriott. This training is for chapter advisers and chapter officers. Some of the events that occur at Fall Leadership are: Meeting together as a chapter to plan activities for the upcoming year.

Meeting with advisers and chapter officers that are your Area. Participating in leadership training workshops provided by the Utah FCCLA State Officers and State Staff.

As well as networking with other chapter officers and advisers from around the state.



FCCLA has partnered with AT&T to combat texting and driving. Texting is one of the most popular forms of communication for teenagers today. With the rise of text messaging, there has been an equally sharp increase in the number of crashes resulting from distracted driving.

Texting while driving is dangerous. Therefore, we stand with AT&T as they expand their "It Can Wait" campaign to discourage all drivers, particularly young people, that no text message is worth the damages or deaths it can cause. take the pledge at <http://www.takethepledge.org>