

## AREA CONFERENCES

### AREA 1

The Area 1 Conference went swell! Area 1 had a great turnout of members! Cool prizes were awarded to members for attending workshops and attending. Prizes varied from goodies, Weber State gear, or gift cards! Everyone did really well in their STAR Events! Members also participated in workshops; decorating cookies for Share our Strengths, FCCLA Facts and much more! Overall it was a success!

### AREA 2

Area 2 had a great conference on February 5<sup>th</sup>. Congratulations to all of our STAR Events participants. You all did a great job! Area 2 was also able to make cards for the kids at Primary Children's Hospital and had a fun time playing games together. Area 2 was inspired by Ryan Griffin, who shared his story of overcoming trials and inspired members to choose a good attitude.

### AREA 3

Area 3 Conference was held on January 30<sup>th</sup>. There was an excellent turn out, and all of the competitors did an incredible job! Workshops on running for state office were held; members could decorate cookies and give a small donation to No Kid Hungry for the service project. To wrap up the conference, Area 3 decided to have game of FCCLA Jeopardy instead of a key note speaker. The members really had fun and learned more about FCCLA.



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### AREA 4

Although it was Valentine's Day, many devoted FCCLA members chose the Area 4 Area Conference as their destination for most of the day. The conference was held at BYU and was well attended. Participants competed in STAR Events and attended workshops. (Thanks to American Fork High School, American Fork Junior High, and Canyon View Junior High) We were also privileged to hear from Amy Walker. Thanks to judges, room consultants, and participants, area was a success! We all had a great time and look forward to seeing everyone at the State Conference in March!

### AREA 5

Area 5 Conference was a huge success! It was held at SUU on February 4<sup>th</sup>; there was a great turnout of members. The STAR Event participants did wonderfully with their projects and many gold medals were awarded. Those who attended also helped people in need with a humanitarian aid service project. Congratulations and thanks to all who participated!

## THANK YOUR ADVISER TODAY! WHERE WOULD YOU BE WITHOUT THEM?

### AVDVISER SPOTLIGHT

#### TAMMI BENNETT

#### What has FCCLA done for you and your students?

FCCLA is an amazing program. 12 years ago I had no idea what I was doing or what FCCLA was all about, but I soon learned. FCCLA is much more than just putting together a board and talking about it, it truly believes in yourself and the service that you give through competing in STAR Events, national programs, and chapter service projects that provide assistance to your family, community, and/or school. I have watched FCCLA turn young and timid kids into confident, responsible adults. I have also seen how the FCCLA planning process has helped students learn to follow a plan, make arrangements, carry through, and follow up with projects. Each of these steps is important in becoming a successful adult. FCCLA also helps my students graduate from high school with the ability to speak in public, communicate well with adults, and find solutions to problems that stand in the way of achieving their goals. FCCLA has given my students the opportunity to travel, interact with, and become friends with students from across the nation. As an FCCLA adviser I have learned as much or more than many of my students. FCCLA has been a big part of molding me into the person I have become. It has taught me the importance of planning, serving others, bettering myself, helping my students, and that any goal is achievable if you put forth the effort to do so. I have thoroughly enjoyed watching the faces of my students light up when they receive a first place gold at state and get to attend Nationals. It is just as rewarding to see how their service projects change them and those who receive the service. Students learn the joy of selflessness and giving and it makes me happy to see them learn the value of such a great lesson. I have become a better person, teacher and mother because of what I have experienced and learned from FCCLA.

### AREA AVDVISER OF THE YEAR

**Area 1:** Susan Hill

**Area 2:** Lois Nielsen

**Area 3:** Antoinette Dee

**Area 4:** Monica Millburn

**Area 5:** Tammi Bennett

**Why did you want to be a FACS teacher?** I grew up in a family of teachers and had no intentions of becoming one; however after graduating with a Family and Consumer Science Composite Degree with an emphasis in Nutrition I found myself accepting a job as a FACS and Health Science Teacher. I enjoy helping students learn and prepare to become healthy, responsible adults. The best feeling as a teacher is when I see a student achieve success and I realize I have helped him or her become who they want to be. I always wanted to work with teenagers; they are fascinating individuals with so much talent to discover. Helping them find and use their talents is why I became a teacher.

**What do you teach?** I teach Adult Roles and Financial Literacy, Foods I and Foods II, Child Development, Health Science Intro. , Medical Terminology, 7th CTE Intro. , 8th grade Health, Medical Anatomy & Physiology, and Work-Base learning.

**Hobbies/Interests?** Spending time with my children, basketball, photography, reading, watching little league and high school baseball, and making cookies.

**Where do you teach?** I teach at Panguitch High School- 7th-12th grade

## FINISHING THE ADVENTURE!

### STATE CONFERENCE

Hey Utah FCCLA it's finally March and I am sure you all know what that means!? State Conference! State is the 26<sup>th</sup> and 27<sup>th</sup> of March. This year we will be finishing the adventure we started at Fall Leadership!

I am sure you are all excited; here are some things to look forward too.

- ✓ An awesome key note speaker, Mr. Scott Backovich, nationally acclaimed teen motivational speaker.
- ✓ Students will compete in a STAR Event, and have the chance to move on to Nationals, in Texas!
- ✓ Many Workshops will be held; students can go to while not competing or attend the services project.
- ✓ WELCOME BACK ALUMNI & ASSOCIATES! A&A will be hosting this year's Leadership Village, a great place to hang out with other leaders across the state.
- ✓ This year we will have an extra activity for the chapters who accomplished our 7-up membership challenge!
- ✓ Last, but not least, don't forget about the awesome State activity!

There will be some great activities and it is a great time to have a fun time with your friends, new and old. As a state officer team we are super excited to finishing this year's Adventure!

Lindsay Ereksen



AREA 4 CONFERENCE



FCCLA FALLS



## FCCLA PROJECT REFLECTURE MEANING OF CHRISTMAS

Braxton rose recently completed a project for Milford High School's FCCLA Chapter that reflects the true spirit of Christmas. Braxton made 24 fleece blankets and 20 fleece beanies which he was donate to Milford's local Emergency system and to a homeless shelter in Russia. Tuesday night Braxton presented Mayer Nolan Davis and Fire Chief Les Davis with 12 blankets to be used in their search and rescue program or if they are needed with an emergency arises in our community.

Braxton's cousin, Ronnie jury lives in Elko, but he is currently working in Russia. Mr. Jury has consented to take 12 blankets and 20 beanies to Russia where he will give them a homeless shelter to be distributed to Russians in need to their warmth.

Braxton's FCCLA is a Star Project which encourages individuals in the FCCLA Chapters to demonstrate their knowledge, skills, and abilities to actively identify a local, state, national, or global concern as they research the topic, identify a target audience, then form an action plan, ,and carry the plan out so that the concern is helped by their efforts. Braxton will be competing with other projects at the regional and possible the state level. His project has involved making a picture album and portfolio to take to the regional completions.

A freshman at Milford High School, Braxton spent at least three weeks making the blankets and beanies and when asked if the project has taught him anything he commented, "While working on the project, I learned that when I was working on the blankets and beanies, I was thinking of others and not myself. I guess that's true happiness."

Margaret W. Miller

## UTAH IN ACTION SERVICE PROJECT

At the 2014 Utah FCCLA Leadership Conference, we are switching it up a bit this year for our service project! As a state delegation, we will be making geckos out of pony beads and nylon string for "Serving with Smiles, Children Saving the World." These geckos will be toys for children in third world countries, and we are so excited to help with this wonderful cause, and we hope you are excited as well! Pleasant Grove Junior High has agreed to get the beads, string, and instructions put together for members when they get to the conference. Before or after members compete in their STAR Events, or when they have free time, we hope to see them putting geckos together at the state service project! Also, do not forget to bring the food your area has been assigned for the food bank! The chapter with the most non-perishable food items will receive a reward! We cannot wait to see you at State!

Maddie Barr

# UTAH FCCLA

NEWSLETTER

ADVENTURE IS OUT THERE!



ALTAMONT HIGH SCHOOL  
SCAVENGER HUNT

## FCCLA WEEK AT ALTAMONT HIGH SCHOOL

Altamont High School was very busy participating in FCCLA Week! The week was full of fun activities for the student body including a FCCLA Logo Scavenger Hunt, Teacher Appreciation Day, Share your Strength Day (fundraisers for No Kid Hungry campaign), and ending with a Member Appreciation Ice Cream Social!

## CHAPTER RECOGNITION

Utah FCCLA

Students at MVHS celebrated National FCCLA by participating in various activities during CTE week - February 10-14. As a part of Teen Living class, students created posters to advertise FCCLA. These posters were evaluated by the students and prizes were given for participation. FCCLA adviser, Tonie Dee placed small FCCLA logos throughout the school. Students had to find the logos and were given a prize if they found all twenty. FCCLA students also sponsored a bake sale after school to raise money for Share Our Strength. This money will be donated to this campaign during the state FCCLA conference. An assembly was held for all CTE teachers honor their students by giving awards to those who excelled in CTE classes. FCCLA students were treated to a fruit smoothie activity. A wide variety of fresh fruits were available to make their own delicious drinks. The student body at MVHS was given treats if they wore red on the last day of CTE week. A picture collage of all FCCLA activities was created in a display case for all students to see the fun activities FCCLA has participated in this year.



MONUMENT VALLEY MEMBERS