

# UTAH FCCLA

**FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA**

## Super STAR!



Star Event competitions can now be found on the national website: [www.fcclainc.org](http://www.fcclainc.org)

Star event competitions are a great way to get your students involved in FCCLA. As an advisor this can be a very scary prospect, but there are some life lines available to help you to be successful when helping your students.

First: Get to the national website [www.fcclainc.org](http://www.fcclainc.org). Here you will find all of the STAR events ready for you to download. This is a great asset to every member and advisor who is interested in having up to date information about each individual STAR event.

Second: Get familiar with one or two of the events. The best way to do this is to pick a STAR event that is related to a curriculum area that you teach. For example, if you teach Adult Roles and Financial Literacy a great combination is the new STAR event Financial Planning.

Third: Assign a STAR event as a classroom assignment. This gets your students ready for

the STAR event on their own, and they prepare a term project that can be used in competition. The STAR events already have a rubric that can be used to grade each students project, and it also gives some flexibility to your students to express themselves.

Fourth: Trust your students! The best way to learn about an event is to give the STAR event guidelines directly to your students. They can read as well as you can, and this offers your students the opportunity to analyze, evaluate, and implement their event! Proof again we offer higher level learning opportunities in the FACS classroom.

### Special points of interest:

- **Rehearse, repeat, and restate the steps in the FCCLA Planning Process**
- **Note cards are fine, but if a tie occurs ...most likely the presenters without the note cards have the advantage.**
- **A team is a group of 1-3 people.**
- **Early Registration for state convention is 22 February 2008.**

## Dressing for Success!

While there is no written standard for dress in a STAR event, here are some helpful hints to help your students to be successful.

First: Basic professional dress is the best way to go if you are not sure what dress standards are acceptable. Ladies: Skirt, shirt, nylons, black closed toed shoes. Gentlemen: Dress pants, Shirt, tie,

dress shoes that are the same color as their belt. Remember professional.....not trendy.

Second: Costumes are always appropriate, but costumes are only allowed on a few of the STAR events. Read each STAR event requirements for specific details.

Each of these options are only suggestions . Judges have their own opinions,

but by knowing a basic standard you will be able to prepare your students for their STAR event opportunities.

The points received from dress is typically around 5-10 points. By dressing for success your students can make a difference in their overall STAR event score.

### Inside this issue:

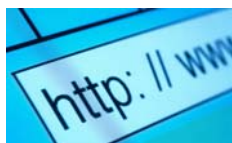
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The FACS classroom offers many opportunities to introduce STAR events.

**Deadlines....  
Why??**

Just remember what it feels like when a student asks you to change their grade..... after the term is over.



**National FCCLA website:**  
[www.fcclainc.org](http://www.fcclainc.org)

**Utah FCCLA website:**  
[www.utahfccla.org](http://www.utahfccla.org)

**STAR Events Go Co-Curricular**

As an advisor I know how difficult it is to have STAR events due for area conferences at the end of a semester. All of a sudden you have 15-20 kids running at you asking, "What can I do for a STAR event?" With Area conferences around the corner here are some helpful hints!

**Child Care:** Every child care class is considered occupational. Because of this your students can compete in the Early Childhood event. The theme this year is "Fun in the Sun." They may also naturally lean to Focus on Children.

**Interior Design:** The new Interior Design event offers a great end of term project!

**Adult Roles and Financial Literacy:** I have always used the Interpersonal Relationship event because it matches so well with the performance standards. Now we have the option of the new STAR event Financial Planning. This can be easily incorporated into the classroom curriculum.

**Sewing:** Sew Trendy is a state event that offers your students the opportunity to show their sewing skills. This year the new Fashion Design offers your student

the opportunity to head to nationals with their sewing skills. Recycle and Redesign is perfect for your 7th and 8th graders to show their creativity.

The advantages of offering a STAR event term project in your classroom: 1. More free time to help your students one on one. 2. FCCLA is co-curricular, and you get the word out about FCCLA in your classroom. 3. You gain specific knowledge about a individual STAR event, and this knowledge makes each STAR event easier in the future.

**DEADLINES???**

The quickest way to mess up in FCCLA is by missing the deadlines. As a State FCCLA staff, we have selected solid dates for items to be due. We have deadlines on our end that we must meet. Just remember when the deadlines are and stick to them.

**Helpful due dates:**

**February 1st:** All FCCLA members must be affiliated

by the February 1st deadline, or they can not participate in the State convention.

**March 1st:** Deadline for all forms, and STAR event registrations for State Convention. **No exceptions.** All state forms can now be found on the Utah FCCLA State website: [www.utahfccla.org](http://www.utahfccla.org).

Area Convention informa-

tion can be found on the Utah FCCLA website for specific dates.: [www.utahfccla.org](http://www.utahfccla.org)

**Oct. 1:** Deadline for registration for Fall Leadership conference.

As a state staff, we have worked really hard to set dates and stick to them. This predictability will help you in years to come.

**Technology**

Technology has become an integral part of Utah FCCLA. In years past information flowed only through emails. Now all of the information you will need is found on the Utah FCCLA website. Become familiar with how to access the information there. An hour surfing will be well worth your time.

What you will find on the Utah FCCLA website:

1. Registration information for Leadership, Area and State conventions.

2. Application links for all national programs.

3. Affiliation link to the National Website.

4. Board meeting minutes and agendas.

5. Helpful hints for new advisors.

Please remember when registering for Area and state to send the name registration form via email This way all of the names can be merged onto one spreadsheet for convenience. Please re-

member that you still must meet the postmark date of **March 1st** for all mailed items to be considered registered for state!

If you have any questions email:

**Candace Thurgood**

[cthurgood@weber.k12.ut.us](mailto:cthurgood@weber.k12.ut.us)

**Shauna West**

[whjx@msn.com](mailto:whjx@msn.com)

## Judging: The Best Way to Discover STAR Events

When first starting out in FCCLA, you probably feel like you have no clue what is going on. When the opportunity arises to judge you may find yourself saying "NO!" Here are some of reasons why you should jump at the chance and say "YES!"

1. Judges learn a lot! Every year try to judge a different event to learn how they work. We can no longer sit in on events as a silent observer, but we can be an active participant as a judge.

2. Students will survive! You can help them to a certain point, and then they are on their own. Just like a good parent....raise them to be independent.

3. Someday you will be in charge! It is nice to support our colleagues. By judging, you will be able to network with some amazing people. I credit FCCLA for the friendships I have gained while working in FACS.

4. There are amazing stu-

dents from around the state. You will never know that unless you judge an event. You will really get the spirit of this organization as you listen to the FCCLA members present their projects.

5. FCCLA Basics are emphasized. You will be reviewing the planning process, motto, creed, the state theme and goals. You can't help but be the best informed advisor after this experience.

After 15 years in this organi-



Doing a STAR event makes every student a Super STAR!!!

*Challenges make you discover things about yourself that you never really knew. They're what makes the instrument stretch—what make you go beyond the norm. (Tyson)*



**State Theme:**  
"FCCLA....Painting Our Potential"

**State Motto:**  
"I'm Coloring My Future!"

## State Convention Registration

February 22, 2008 is the due date for early state convention registration. The cost is \$25.00. If you wait until **March 1st** the regular registration cost will be \$35.00. Act now to save your members \$10.00.

The most confusing part of the state paper work, is what paperwork do I send where. Hopefully these guidelines will help:

**To Shauna West:**

737 East Coal Creek Circle  
Sandy UT 84094  
(801)232-6921 cell  
whjx@msn.com

1. Excel STAR event name registration form.
2. Hotel Registration Form
3. State Registration Form

**To Candace Thurgood:**

1170 N. 3050 W.  
West Point UT 84015  
(801)660-5762 cell  
cthurgood@weber.k12.ut.us

1. Advisor of the year
2. A Copy of the National Program Applications:

- Stop the Violence
- Families First
- FACTS
- Financial Fitness
- Student Body
- Community Service
- Leaders at Work
- Career Connections
- Dynamic Leadership

3. Power of One
4. Step One
5. Be-Part-of-It
6. Four Star Chapter
7. State/National Officer Application forms
8. FCCLA Scholarship Applications
9. Honorary Members

This may seem like a huge list. But if you break the list up piece by piece you should find it easy to digest! Here are some helpful hints:

1. Go to [www.utahfccla.org](http://www.utahfccla.org). Go to the **National programs and Star Events link**. All national recog-

inition application can be found there including Be-Part-of-it. Registration forms are found under **Conventions/ Competitions/ Meetings.**

2. Copy the application forms down from the state/national website and place them right on your desk top. Then they will be visible and you will remember to do them before the deadlines.
3. If you are a new advisor start with your State registration forms. Focus on STAR events and the Four Star Chapter. This is a great place to be successful!
4. Reporting Forms for Power of One, Step One and Four Star Chapter are linked at the state website under **Conventions/ Competitions/ Meetings.**

Don't be afraid to ask questions. This organization is successful because of the amazing advisors across the state who are willing to share their knowledge. Just ASK!

**FCCLA**

**Area Board Members**

**Contact Information**

**March 1st**  
**Postmark for**  
**State Convention !**

**Area One**

Sue Winkler  
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**Area Two**

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**Area Three**

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Circle #D22  
Cottonwood Heights  
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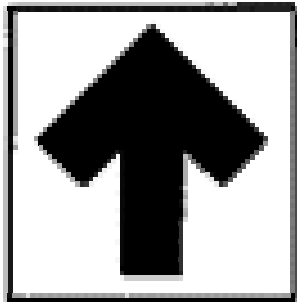
**Area Four**

Camille Williams  
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(801)787-7803 cell  
camillew@provo.edu

**Area Five**

Teresa Thompson  
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Cannonville UT 84710  
(435)616-8881 cell  
teresa.thompson@mgarfield.k12.ut.us

# State and National Officers



## Set a Goal

Set a goal to run a state or national officer candidate. Your opportunities and experiences will be priceless! If you ask any state officer advisor if the time they spent was worth it...their answer will be "Yes!" You will meet new advisors, work with the State Executive Council, plan meetings, present, and most importantly gain friends. The relationships you will gain will merit the time and effort you spend. Don't be afraid to step out of your comfort zone. You will never regret it.

Here are some helpful hints.

1. Do the Step 1 National program in your classes. This valuable national program teaches the basics of FCCLA, and it gives your students a head start!
2. Go to [www.utahfccla.org](http://www.utahfccla.org) to download the National and State

Officer Application Forms. Your candidate can start today by getting two letters of recommendation.

3. Download the officer and advisor handbooks from the state website: [www.utahfccla.org](http://www.utahfccla.org). The most current information about the responsibilities for both you and your officer candidate can be found there.
4. Watch the State Officers at your area convention. The leadership opportunities these officers have experienced, have changed them for a lifetime. Can you think of one member you would like to have these experiences?
5. **Go for it!**